Entry for 2020 involves a donation, however small, to a Scottish charity related to mental health. I have chosen a small charity this year called ***Link-Up***. You can read about them here:

* <https://www.inspiringscotland.org.uk/what-we-do/our-funds/link-up/>

They work to provide support in some of the most deprived neighbourhoods in Scotland. The Rally is therefore also helping those struggling in their lives. You can make your donation on this link:

* <http://uk.virginmoneygiving.com/fund/LinkUp>

Please tick below:

* I have given a donation to the Link-Up charity to secure my entry to the Rally
* I would like to receive a badge on submission of a completed digital brevet
* I would like to book a bed in Loch Ossian Youth Hostel for Tues 12th May (end Day 3) & will complete bank transfer for £30 on confirmation a bed is available

I understand that riding the cycle route and using the information provided by *Calum Munro* and *Roam Scotland* is entirely at my own risk and that *Calum Munro* and *Roam Scotland* accept no liability and owe me no duty of care.

**Rider Name: …………………………………………………………………**

**Signature: ……………………………………………………………………. Date: ……………………………..**

Please return this completed form to[**roamscotland@gmail.com**](mailto:roamscotland@gmail.com)